

## Norwich and beyond great to explore by bike

The pace is right to spot a bargain in a quirky shop, pause for a conversation with a friend in the park, or explore a neighbouring beauty spot. The city is compact, making it manageable to ride from the edge to the centre in under twenty minutes. For those looking for more leisurely rides, the Broads, Loddon and Wymondham can be discovered in a few hours.

### Welcome to the cycle network!

It features seven pedalways, each represented by a colour. Five cross the city from one side to the other and meet in the middle at St Andrew's Plain. Two others encircle the city – orange near the centre and purple on the edge. They are complemented by neighbourhood routes that help you get around from your home to schools and shops. Four looping leisure rides – circulars – take you into the beautiful countryside around Norwich. Discover Norwich and beyond.

Happy pedalling!

## How to use this map

### Planning your route

**Use this side** of the map for planning your route within Norwich. It shows where the pedalways go and how they relate to facilities. The main routes are coloured and the colours can be found on signs and stickers along the way.

**Turn over** to see four looping leisure rides that take you out into the beautiful countryside and neighbouring towns.

### Route conditions

The quality of the network varies from place to place and we are implementing a long-term plan to improve it. The maps show the busy traffic areas and the traffic-free parts of the pedalways and leisure routes so you can match your route to your level of cycling confidence and skill. The traffic-free parts are usually shared with pedestrians so please be considerate and use a bell. Their surfaces can also be slippery, uneven or unlit so please take care. Some parts of the network are privately owned and not maintained by the city or county councils.

## Pedalways

- Bowthorpe ↔ The Plumsteads
- Drayton ↔ Whittingham (National Cycle Route 1)
- Lakenham ↔ Aviation Academy
- N&N Hospital ↔ Heartsease
- Wymondham ↔ Sprowston
- Inner circuit
- Outer circuit
- Neighbourhood routes
- St Andrew's Plain (centre of the network)
- Pedalway destination

### Cycle network route conditions

- Cyclists dismount
- Bridge (over/under)
- One way
- Route along busy road (with speed limit over 20mph and without off carriageway option)
- Steep hill (arrows point uphill)
- Traffic free path (on pedalway or neighbourhood route, excludes shared use next to traffic on carriageway)

## Attractions and facilities

- Airport
- Beryl bike-share bays
- Bus station (including cycle hire)
- City wall
- Community cycle hub
- Cycle sport venue
- Football stadium
- Higher and further education
- Local shopping centres
- Long stay secure cycle parking
- NHS walk in centre
- Norwich Market
- Park & Ride (cycle parking available)
- Riverside walk/pathway
- Toilets, public and customer
- Train station (including cycle hire)

## Schools

- First, infant or primary
- City Academy Norwich
- City of Norwich School
- Hellesdon High
- Hewett Academy
- Jane Austen Free School
- Norwich High School for Girls
- Norwich School
- Notre Dame
- Open Academy
- Ormsdon Victory Academy
- Sewell Park Academy
- Sir Isaac Newton 6th Form
- Sprowston Community Academy
- Thorpe St Andrew School
- University Technical College Norfolk

### Sports facilities

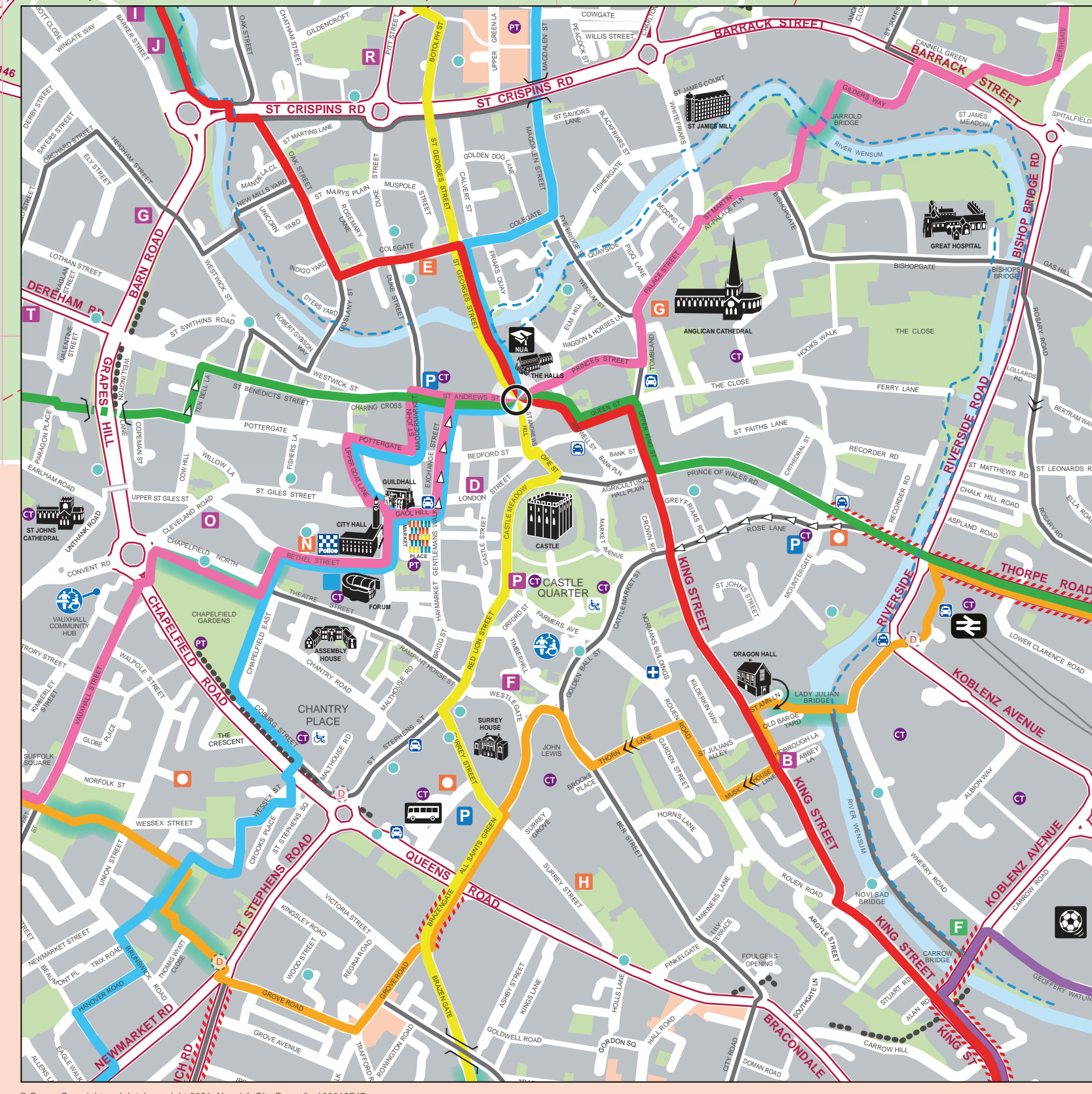
- Carrow Park
- Football Development Centre
- Norfolk Snowsports Club
- Norman Centre
- Norwich Rowing Club
- Riverside Leisure Centre
- Sewell Park Academy Sports Centre
- UEA Sports Park
- Whittingham Outdoor Education Centre

## Bicycle shops

- A.P. Cycles
- Bicycle Links
- Cycloservices
- Dr Bike @ UEA
- Evans Cycles
- Freemans
- Giant-Norwich
- Go Outdoors
- Halfords
- John Borwell
- Leisure Cycles
- Mandarin
- Not About The Bike
- Pedal Revolution
- Pure Electric
- Sorens
- The Bike Man
- Wilco 'Bike' (Aylsham Rd)
- Wilco 'Bike' (Dereham Rd)
- Wilco 'Bike' (Reepham Rd)
- Wilco 'Bike' (Salhouse Rd)

### Employment areas

### Libraries



4th edition July 2021 • £5 • Tough and waterproof

**Norwich**  
CYCLE MAP

Supported by:

- Broadland District Council
- South Norfolk
- Transport for Norfolk
- NEW ANGLIA
- Department for Transport
- PUSHING AHEAD
- Norwich Cycling Campaign
- cycling UK



Marriott's Way circular

22.6 miles / 36.4 km

1. Train Wood – the site of Norwich City Station

Train Wood is the site of Norwich City Station, one of three mainline stations that once served Norwich. It was the end of William Marriott's M&GN railway line and you can follow it on a bike through Hellesdon, Drayton and Thorpe Marriott and seek out the remaining platforms, gates and mile markers along the trail.

2. The A-Frame bridge at Drayton – views along the Wensum Valley

The first section of Marriott's Way to Drayton runs through the Wensum Valley Special Area of Conservation. The landscape hosts rare and protected birds, reptiles, mammals, plants and invertebrates. Up to ten bat species have been recorded on evening forays. The railway bridge offers great views back along the river; you might be lucky enough to see water voles and otters.



Broads circular

24.5 miles / 39.4km

3. Catton Park

Catton Park is a beautiful 70 acre country park that was the first commission of Humphry Repton as a landscape gardener. It is open at all times for people to wander through the open wildflower meadow and explore the woodland.

4. Ranworth Church and Broad

St Helen's Church, sometimes called the 'Cathedral of the Broads', dates from 1450 and contains painted images of saints on one of the finest rood screens in England. You can climb the church tower and look out across the Broads' landscape. Nearby is a boardwalk leading to Ranworth Broad, which passes through woodland and reed-bed habitats. At the end is the thatched and floating visitor centre run by Norfolk Wildlife Trust.



Loddon circular

29.6 miles / 47.7 km

5. Loddon

Loddon sits at the heart of the southern Norfolk Broads and its lively history is reflected in its Georgian and Victorian architecture – reminders of an age when graceful wharries brought trade to Loddon along the River Chet. It's a centre for boating with shops, cafes, pubs and a market.



6. Caistor roman town

Venta Icenorum was founded in the valley of the River Tas during the AD60s. It was the largest and most important Roman centre of northern East Anglia. The archaeology of the site continues to be investigated to further unlock its history. Why not hop off your bike and tour the site on foot?

Wymondham circular

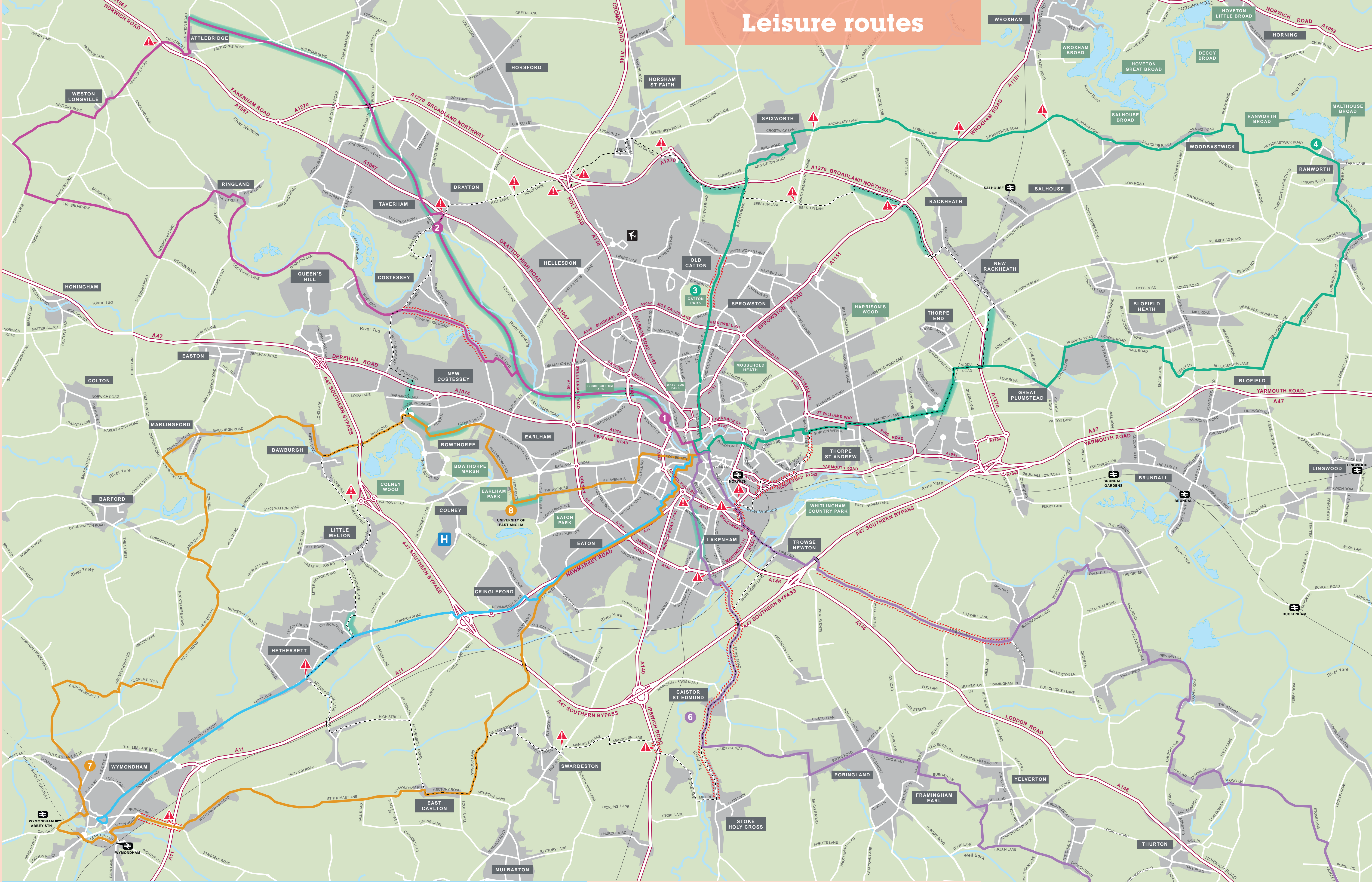
28.1 miles / 45.2km

7. Wymondham

See inset map and text to the right.

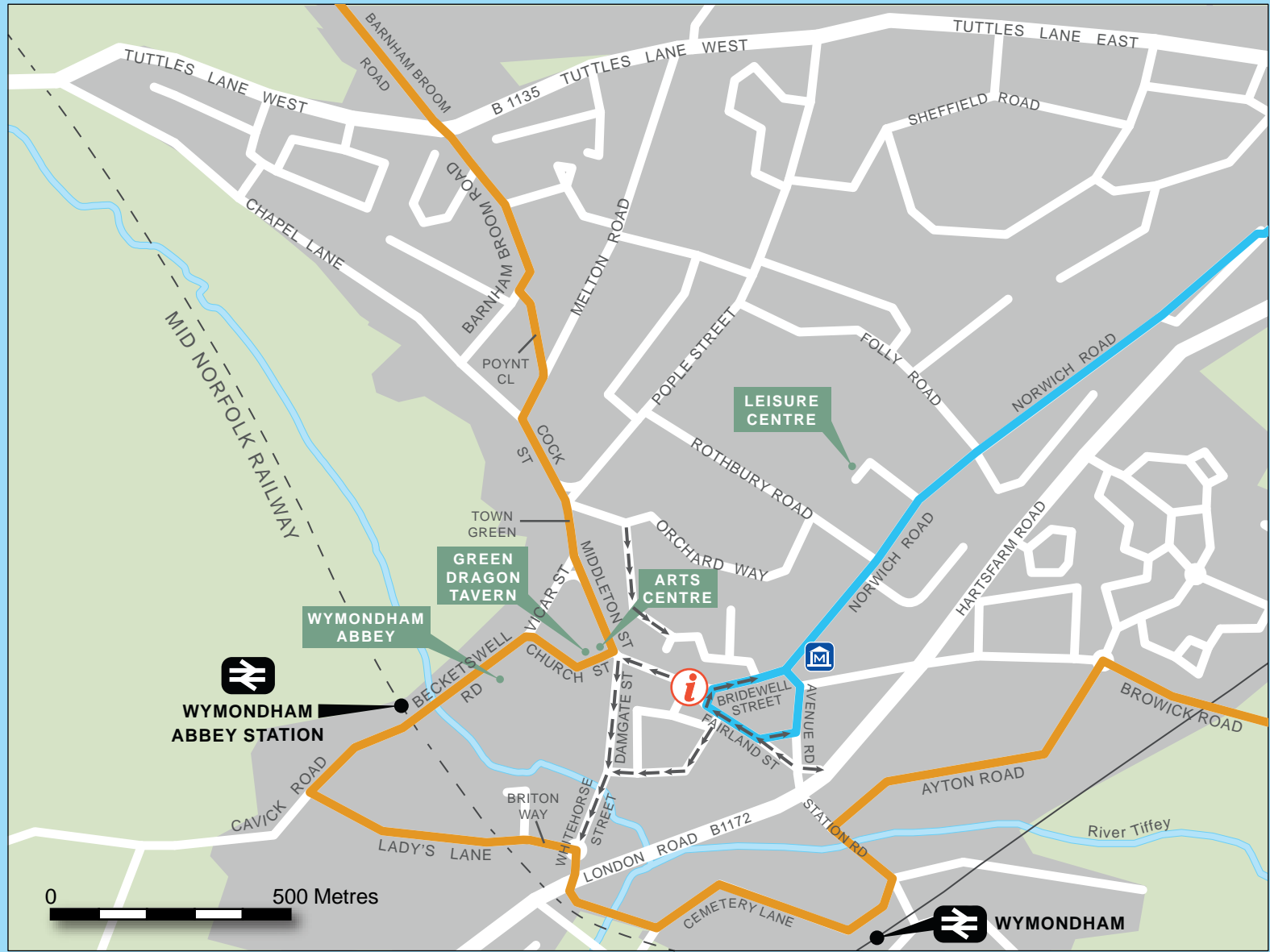
8. University of East Anglia (UEA)

UEA has more than 15,000 students. The campus is located in 320 acres of rolling parkland punctuated by architecturally ambitious buildings and a growing collection of sculpture. Denys Lasdun's Ziggyratts and Norman Foster's Sainsbury Centre for the Visual Arts face the University Broad and the valley of the River Yare. The centre contains wonderful artworks and places to eat. Another fine building is Earlham Hall, once home to the Gurney family of Quaker bankers, which sits in the middle of Earlham Park. On the edge of the park is the Enterprise Centre, the greenest building in the UK, distinctively faced with straw bales.



Wymondham

Wymondham is a thriving market town ten miles south-west of Norwich. At its heart is a 17th century market cross, which is occupied by the tourist information centre. Wymondham is also home to the magnificent 900 year old Wymondham Abbey with its carved angels, the Green Dragon tavern dating back to the 14th century, an arts centre and a heritage museum. You can also take a steam train on the mid-Norfolk heritage railway from Wymondham Abbey to Dereham. It is a good place to break up your ride to refuel at a cafe or pub. You can also return to Norwich by train.



Cycle network route conditions

- Bridge/tunnel over/under Broadland Northway/Southern bypass
- Busy junction or location (on leisure route, take particular care)
- One way traffic
- Route along busy road (without off carriageway option, take particular care)
- Traffic free path (on leisure or orbital link route, excludes shared use next to traffic on carriageway)

Attractions and facilities

- Airport
- Hospitals
- Tourist Information Centre
- Train station
- Wymondham Heritage Museum

Leisure Routes

- Marriott's Way Circular
- Broads Circular
- Loddon Circular
- Wymondham Circular
- Blue pedalway (direct route to Wymondham)
- Orbital link route

Disclaimer

The routes shown on the map are subject to change as the network develops. Some sections may be affected by construction activity and only become available later in 2021. No responsibility will be accepted by the publishers of this map for any loss, harm or injury resulting from its use.

0 0.5 1 2 3 Kilometres

0 0.5 1 2 3 Miles

